

## **Cj6 xWomen's Resources and Charitable Organizations**

### **West County Women's Club - Member of General Federation of Women's Clubs**

v [www.gfxxwcwestcounty.org](http://www.gfxxwcwestcounty.org)

Marla Simsxons (636)346-4220

Established dn 1990 to foster friendships, and serve our community and Missouri Girls Town through volu fc gcx vcxngnteer activities and fundraisers.

### **Lydia's House**

[www.lydiashouse.org](http://www.lydiashouse.org)

(314)771-4411

St. Louis' only provider of confidential furnished apartments for abused women and children for up to 24 months.

### **Mother to Mother® Telephone Support**

[www.mothertomothersupport.org](http://www.mothertomothersupport.org)

(314)991-5666 Ext. 4 - Linda Meyer

Free support by phone for women experiencing emotional difficulties during postpartum or pregnancy

### **Women In Charge**

[www.womenincharge.org](http://www.womenincharge.org)

(314)727-5515 Victoria Sharp

Heals the spirit, builds confidence, and educates women in need so that they may provide a better life for themselves and their children.

### **American Cancer Society**

[www.cancer.org](http://www.cancer.org)

(800)ACS-2345 / (314)286-8100

### **Arthritis Foundation - Eastern Missouri Chapter**

[www.arthritis.org](http://www.arthritis.org)

(314)991-9333

9433 Olive Blvd., Suite 100 St. Louis, MO 63132 Let's Move Together!

### **Susan G. Komen for the Cure**

[www.komenstlouis.org](http://www.komenstlouis.org)

Helen Chestnut (314)569-3900

9288 Dielman Industrial Dr. St. Louis, MO 63132 Your number 1 Breast Cancer Resource

### **Heaven Born**

[www.heavenborn.com](http://www.heavenborn.com)

Maureen Day - maureen@heavenborn.com

**Women's Place**

[www.womensplacestl.org](http://www.womensplacestl.org)

Irma Kennebeck, MSW (314)645-4848

A safe place for women who have experienced violence. Crisis intervention, support groups, self-growth programs and community education

**Gateway MS**

[www.gatewayMSsociety.org](http://www.gatewayMSsociety.org)

The chapter provides comprehensive support services and educational programs to people with MS, their family and friends, and raises funds locally to support the National MS Society's research initiatives.

**Connections to Success**

[www.connectionstosuccess.org](http://www.connectionstosuccess.org)

(314)333-4490

Breaking the cycle of poverty one family at a time.

**Blessing Basket Project**

[www.blessingbasket.org](http://www.blessingbasket.org)

(888)618-1503

We exist to eradicate poverty in third world countries by creating sustainable jobs and paying prosperity wages.

**St. Louis Crisis Nursery**

[www.crisisnurserykids.org](http://www.crisisnurserykids.org)

(314)292-5770 24 hour hotline (314)768-3201

The Nursery provides 24-hour short-term care for children, birth through age 12, whose families are faced with an emergency or crisis. Volunteers are always needed!

**The Women's Safe House**

[www.twsh.org](http://www.twsh.org)

(314)772-4535 Crisis Hotline

Sylvia Jackson, Executive Director Safe Emergency shelter for domestic violence victims and their dependent children (infant to age 17 male and female).

**Emmaus House**

[www.emmaushomes.org](http://www.emmaushomes.org)

Lisa Drier, Executive Director

Providing person-centered care to adults with developmental disabilities in a variety of residential settings and social/recreational activities for all ages and abilities.

**Welcome Wagon Club of Greater St. Louis**

(636)207-0157

Welcome Wagon is a social and charitable organization providing fun opportunities to meet new friends, interact with others and support local charities.

### **Boys Hope Girls Hope**

[www.hopestlouis.org](http://www.hopestlouis.org)

(314)692-7477

Helps academically capable and motivated children-in-need to achieve their full potential, by providing value-centered, family-like homes, opportunities and education.

### **Share Pregnancy & Infant Loss Support, Inc.**

[www.nationalshareoffice.com](http://www.nationalshareoffice.com)

(800)821-6819

Our mission is to serve those whose lives are touched by the death of a baby through early pregnancy loss, stillbirth or in the first few months of life.

### **YWCA of St. Louis**

[www.ywcastlouis.org](http://www.ywcastlouis.org)

Allison Hewitt (314) 531-1115

### **Women's Midlife Divorce Support Group**

[www.owlstlouis.com](http://www.owlstlouis.com)

(314)725-5862

A weekly support group for women of long-term marriages, facing issues of separation and divorce.

### **Safe Connections**

[www.safeconnections.org](http://www.safeconnections.org)

Susan Kidder, Executive Director (314)646-7500 Our mission is to reduce the impact and incidence of relationship violence and sexual assault through education, crisis intervention, counseling and support services.

### **Disabled Athlete Sports Association**

[www.DasaSports.org](http://www.DasaSports.org)

(636)477-0716

## **Health & Wellness**

### **American Heart Association**

[www.AmericanHeart.org](http://www.AmericanHeart.org)

(314)692-5600

Go Red for Women is the AHA's program to make women aware of their risk for heart disease - the #1 cause of death for women.

**SSM Breast Care**

SSM - St. Clare Center (636)496-2650 SSM - Imaging at DePaul Health Center (314)739-0924 Women's Imaging & Breast Center - St. Mary's Health Center (314)768-8353

**New Paradigm Counseling**

[www.NewParadigmCounseling.com](http://www.NewParadigmCounseling.com)

Margaret R. Finley, LPC - (314)353-7070 or email - mwolf2@prodigy.net

**Anthem**

[www.kathybeaven-insurance.com](http://www.kathybeaven-insurance.com)

Kathy Beaven (314)923-5532, email - kathy.beaven@anthem.com

1831 Chestnut St., St. Louis, MO 63103

**SIDS Resources, Inc.**

Lori Behrens (314)822-2323 or (800)421-3511

A not-for-profit organization which helps families to learn safe and healthy practices in both the care of, and the bereavement for, babies.

**Nurses for Newborns**

[www.nfnf.org](http://www.nfnf.org)

Claire Devoto (314)544-3443

Supporting families at risk by helping prevent infant mortality, child abuse and neglect through home-based programs that provide education, healthcare and parenting skills.

**On To Health , In Depth Holistic Therapeutics**

Stephen Feldman, DC (314)725-2640

1099 Milwaukee St., Ste 30, Kirkwood, MO 63122

**Foot and Ankle Specialists of St. Louis**

Dr. Anthony Lombardo and Timothy Oldani (314)739-8863

**Chikly Healthcare Institute**

[www.ChiklyInstitute.com](http://www.ChiklyInstitute.com)

Bruno Chikly (520)395-2232

CHI is a heart-centered non-profit organization devoted to education and research. Through the hearts and hands of highly trained, caring practitioners, its goal is to attain and sustain a higher quality of health within our communities.

**Pets****Stray Rescue**

[www.strayrescue.org](http://www.strayrescue.org)

(314)771-6121

Visit the website and complete the application for one of the great cats and/or dogs available!

## **Family**

### **Kindermusik**

[www.KMwithLori.com](http://www.KMwithLori.com)

(314)692-8032 or KMwithLori@gmail.com

### **Countryside Montessori School**

[www.CountrysideMontessoriSchool.com](http://www.CountrysideMontessoriSchool.com)

(314)434-2821

12226 Ladue Rd, St. Louis, 63141

## **Emotional Intelligence**

### **Expanding Human Potential**

[www.expandinghumanpotential.com](http://www.expandinghumanpotential.com)

(314)878-9100

Judy Ryan

## **Business & Finance**

### **eWomenNetwork**

[www.ewomennetwork.com](http://www.ewomennetwork.com)

314)968-9664 Donna Gamache

### **Professional Women's Alliance - PWA**

[www.stlpwa.org](http://www.stlpwa.org)

(314)991-6144

### **Lisbeth Tanz**

[www.lisbethtanz.com](http://www.lisbethtanz.com)

Lisbeth Tanz (314)660-1515

Lisbeth is a freelance writer and editor with a passion for helping people sound great in print, online and in person.

## **Arts & Leisure**

### **MO Botanical Garden**

[www.mobot.org](http://www.mobot.org)

(314)577-9400

4344 Shaw Blvd, St. Louis, MO 63110

**Kate Grana Voice Over Artist**

[www.kategrana.com](http://www.kategrana.com)

Kate Grana

**St. Louis ACES**

[www.stlouisaces.com](http://www.stlouisaces.com)

(314)647-2237

**Local Authors****I Can Show You I Care: Compassionate Touch for Children**

*Susan Cotta*

This book is about how children can change the world using touch. Though the book is fiction, the results are real. It's based on research conducted by the Upledger Institute (UI), showing that compassionate touch reduces violence and increases pro-social behaviors in schools. Available at Bookstores or from North Atlantic Books ([www.NorthAtlanticBooks.com](http://www.NorthAtlanticBooks.com)) (800)337-2665

**Home & Garden****Seniors****Village North Retirement Community**

Karen Duich (314)355-8010

11160 Village North Dr. St. Louis, MO 63136

**Vacation****Interior Design****Marcia Moore Design, LLC**

[www.MarciaMooreDesign.com](http://www.MarciaMooreDesign.com)

Marcia Moore (314)560-0830

**Our Community****Autism Speaks**

[www.autismspeaks.org](http://www.autismspeaks.org)

(866)500-6227 or [stlouis@autismspeaks.org](mailto:stlouis@autismspeaks.org)

**St. Charles Convention Center**

[www.stcharlesconventioncenter.com](http://www.stcharlesconventioncenter.com)

The St. Charles Convention Center offers 154,000 sq. feet of flexible meeting space, featuring wireless technology, in-house A-V and an attached